



Stand Up Paddle Boarding Risk Management Plan

CCC Central Coast

School: _____ Year: _____ Dates: _____

Program: _____ Supervising Staff: _____

Activity Context

Stand Up Paddle Boarding at CCC Central Coast is conducted adjacent to our site on Canton Beach. It is facilitated by an independent contractor with qualified paddle board leaders. The activity is designed as an entry-level stand-up paddle boarding activity, with participants learning the basics of paddle boarding in a flat-water environment.

This document contains the specific risks, control measures, and grading for the Stand-Up Paddle Boarding activity. Please refer to the document **General Activity RMP – CCC Central Coast** for a list of general risks and control measures relevant for all CCC Central Coast activities, as well as risk rating information.

Risk Management Plan

Risk Description	Existing Control Measures	Risk Rating		
		Likelihood	Consequence	Risk Rating
Stand Up Paddle Boarding Specific – Risk factors specifically associated with the activity of Stand-Up Paddle Boarding at CCC Central Coast				
Drowning	<ul style="list-style-type: none"> Participants required to be able to swim Activity under constant supervision by Leaders Activity conducted in flat water environment Participants are attached by leg rope to board which acts as a floatation device 	Rare	Catastrophic	Medium
Slipping/Tripping Around the activity area	<ul style="list-style-type: none"> Participants encouraged to walk around activity area 	Unlikely	Minor	Low
Soft Tissue Injuries Incorrect handling of board, falling, over straining	<ul style="list-style-type: none"> Participants briefed on warming up for activity Participants briefed on proper way to use equipment First aid available at activity 	Unlikely	Minor	Low
Collision With other paddle boarders, other groups, objects, boundary markers	<ul style="list-style-type: none"> Participants briefed on and must demonstrate control of paddle boards Participants briefed on maintaining safe distance from other participants/groups Participants briefed on objects that may be a hazard 	Possible	Minor	Medium
Striking Injury from paddle	<ul style="list-style-type: none"> Participants briefed on proper way to carry and use paddles First aid available at activity 	Unlikely	Moderate	Medium
Cuts Injury from paddle board fins	<ul style="list-style-type: none"> Participants briefed on proper way to carry board Participants briefed on proper way to exit board if falling First aid available at activity 	Unlikely	Moderate	Medium
Powered vessels	<ul style="list-style-type: none"> Activity conducted away from main boating areas 	Unlikely	Moderate	Medium

Stand Up Paddle Boarding Risk Management Plan – CCC Central Coast

Risk Description	Existing Control Measures	Risk Rating		
		Likelihood	Consequence	Risk Rating
ie. boats	<ul style="list-style-type: none"> Participants briefed on staying within activity area 			
Exposure to Elements Causing dehydration, heat stroke, hypothermia etc.	<ul style="list-style-type: none"> Weather conditions regularly monitored for adverse conditions Participants briefed on wearing suitable protective clothing Participants are encouraged to drink water, carry water bottles Participants monitored closely and treated at first signs of exposure related illnesses Activities modified / cancelled if necessary or alternative activities arranged 	Unlikely	Moderate	Medium
Dangerous Water/Weather Conditions Eg. High wind, rough seas, high waves etc.	<ul style="list-style-type: none"> Weather and tide conditions regularly monitored for adverse conditions Activities delayed / cancelled if water conditions increase risk, participants moved to safe area Activities modified / cancelled if necessary or alternative activities arranged if conditions unsafe 	Unlikely	Moderate	Medium
Injury or Allergic Reaction caused by organism	<ul style="list-style-type: none"> Groups briefed on arrival on potential hazards from marine creatures Suitable medication and first aid to be readily available Instructional staff have first aid training and knowledge of potential marine hazards and treatment Communication equipment readily available Activity conducted in area free of significant hazards 	Rare	Moderate	Low
Contact with Natural or Man-made Hazards Causing Injury (cuts, abrasions etc.) Eg. Jetties, rocks, rubbish etc.	<ul style="list-style-type: none"> Participants briefed on potential hazards instructed to remain clear of fixed hazards Minor cuts/abrasions treated to reduce chance of infection Activity conducted in area free of significant hazards 	Unlikely	Minor	Low
Pollution	<ul style="list-style-type: none"> Activity area monitored for pollution Activity moved if pollution present 	Rare	Moderate	Low

Risk Rating Matrix

All identified risks are recorded in the following risk matrix according to likelihood and consequence. The purpose of this matrix is to provide a snapshot of all identified risks and establish the level of risk to determine if further treatment is required.

Likelihood	Consequences				
	1 - Insignificant	2 - Minor	3 - Moderate	4 - Major	5 - Catastrophic
1 - Rare	1	2	3	4 Participant lost, equipment failure	5 Drowning, lightning strike
2 - Unlikely	2	4 Slipping, strains, injury to observers, injury from environment	6 Striking, cuts, powered vessels, exposure to heat/cold, weather conditions	8 Unsupervised persons, participant behavior, unsafe activity facilitator, participant ability, group leader, allergic reaction	10
3 - Possible	3	6 Collision, UV exposure	9	12	15
4 - Likely	4	8	12	16	20
5 - Almost certain	5	10	15	20	25

Risk Treatment

1-4 Low Risk

- Risk does not generally need to be managed any further (current controls are adequate), however the risk needs to be monitored for changes in circumstances and current control effectiveness.
- Risk generally may be accepted.

5-9 Medium Risk

- Risk needs to be regularly monitored for any changes and control/treatment effectiveness.
- Risk may be accepted after consideration.

10-14 High Risk

- Risk is unacceptable, risks must be further treated or removed to bring rating to medium
- Risks are to be re-assessed by Activities Manager

15+ Extreme Risk

- Unacceptable risk, urgent attention is required to treat or remove risks
- Management to consider elimination of activity

Risk Assessment Conducted by: *Program Manager, CCC Central Coast*

Date of Risk Assessment: *19th May 2020*

Date of Next Review: *May 2021*